



The Theory and Practice of Creative Coaching

Analysis and Methods

By Arthur Turner

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The Theory and Practice of Creative Coaching is the result of ten years of research and experimentation into the place and role of creativity in learning about and undertaking the skills of coaching in the workplace. The contents outline a wide variety of approaches and ideas to enhance and develop effective coaching relationship

Key selling points

- Original research
- A sparsely covered topic in standard text-books
- A refreshing link to the practice of coaching
- Interesting and diverse coverage

Contents

About the Author; Preface; Influences; Introduction; Section1 Theory and Research; 1.Central Ideas and Reflections; 2.Mediating Objects; 3.Original Research (2011–2014): Looking at Adult Learning; 4.Creativity; 5.Introduction to Practice; Sections 2 and 3 Theory to Practice; Introduction; Section 2 Alternative Foci; 6. Coaching and the Utilization of Silence; 7. Humour and Playfulness; Section 3 Three Detailed Examples of Creativity in the Service of Executive Coaching (Walking, the Use of Finger Puppets and the Use of Music); 8. Walking and Coaching; 9. The Use of Finger Puppets; 10. Music and How Can It Be Used in Coaching Practice; 11. Final Thoughts: Epilogue; Index

About the Author(s) / Editor(s)

Arthur Turner is a United Kingdom qualified executive coach at Level 7 and a Senior Lecturer in a United Kingdom University. He is an experienced coach and mentor who has been developing an understanding of the creative elements of working with individuals in the sphere of work-based and executive coaching.

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