



### Philosophy of Life

Modal Logic, Psychotherapy and the Good Life

*By Aleksandar Fatic*

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**RIGHTS**

**Exclusive:** WORLD

**Explores how decision making, grounded in modal logic, shapes a person's relationship to the world by transforming their possibilities, values and perspectives – forming the basis of a philosophy of life**

Philosophy of life looks at the person's relationship to their world. Such a relationship is impregnated with tension arising from constant decision making. By making decisions, a person shifts their modal (possible) worlds, which include their sets of circumstances and their vistas on various aspects of life. A shift between different positions on one's existence in this world creates structural cognitive, emotional and strategic changes that transform what is possible and what is impossible with regard to one's life choices. The decision-making process, on fundamental life issues, is crucially related not only to one's general values but also to one's view of logical possibilities. The book explores the practical aspects of modal logic in decision making and casts it as the foundation of a philosophy of life.

### Readership

For readers interested in how philosophy and psychotherapy intersect with everyday life, this book offers a clear and practical exploration of logic, freedom and the pursuit of well-being.

### Key selling points

- Bridges abstract logic and everyday living
- Presents a forum where psychotherapy meets philosophy
- Introduces a practical philosophy of the good life
- Provides an interdisciplinary appeal

### About the Author(s) / Editor(s)

**Aleksandar Fatic** is Professor of Philosophy at the Institute for Philosophy and Social Theory, University of Belgrade..

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